Setouchi Shimanami Kaidō Guidebook

尾道 Onomichi City

Pocket-sized!

SHIMANAMI Guidebook

SHIMANAMI SPOT!

上島 Kamijima Town

今治 Imabari City

NATIONAL CYCLE ROUTE

CYCLING SHIMANAMI
Ehime Hiroshima Japan

JAPAN HERITAGE
日本遺産

2023.07

Faded signs, long-necked cranes like towering giraffes,

fishing boats that sway in the waves of passing freighter ships.

These simple everyday scenes become rustic works of

art unique to the Shimanami region.

Take time to stop and admire

what piques your interest during your travels.

Published by Shimanami Japan

Shimin Kaikan,
1-4-1 Bekku-cho, Imabari, Ehime
794-0026 Japan
TEL: 0898-35-3194

Onomichi

Hidden treasures await in Shimanami

Onomichi/Kamijima/Imabari Area Map

Tourism Information for the Setouchi Shimanami Kaidō

Shimanami Japan
Tel: 0898-35-3194

Toll Information About the Nishi-Seto Expressway

Honshū-Shikoku Bridge Expressway Co., Ltd.
(Toll information and directions for E76 Nishi-Seto Expressway)

Onomichi City Tourism Information

Onomichi Tourist Association
Tel: 0848-36-5495

Innoshima Tourist Association
Tel: 0845-26-6111
(Japanese)

Onomichi Tourist Map
Download here ▶

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Hiroshima Prefecture

Onomichi City

Legend
- Onomichi City
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- Kamijima Town
- Setouchi Shimanami Kaidō Cycling Road
- Yumeshima Kaidō
- Nishi-Seto Expressway (Setouchi Shimanami Kaidō)
- JR
- Port

Kozakanakun Sports Park Bingo
Onomichi Historical Museum
Senkō-ji Temple Park
Onomichi City Museum of Art
Nakata Museum
JR Onomichi Station
Onomichi U2
Onomichi Port
Onomichi Nihama Port
Mukaishima Sports Park
Jōdo-ji Temple
Shin-Onomichi Ōhashi Bridge
Onomichi Ōhashi Bridge
Onomichi Motion Picture Museum
Set of the Japanese film *Ashita*
Onomichi Citizens Center Mukaishima
Mukaishima Orchid Center
Mukaishima IC
Mt. Takami-yama National Park
Tachibana Green Village
Momoshima
JR Mihara Station
JR Itozaki Station
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Innoshima Ōhashi Bridge Memorial Park
Innoshima Amenity Park (Shimanami Beach)
Innoshima Flower Center
Shigei-Higashi Port
Mt. Shirataki-san and *Go-Hyaku Rakan*
Shigei-Nishi Port
Sunoue Port
Hakko Park
Innoshima Kita IC
Innoshima Sports Park
Mukaishima
Marine Youth Center
Tachibana Seaside Park
Innoshima Ōhashi Bridge
Innoshima
Honinbō Shūsaku Igo Memorial Museum
Innoshima Suigun Castle
Kamagari Kobayakawa Gravestone
Konren-ji Temple
Innoshima Minami IC
Setoda Sawa Port
Kōneshima
Bel Canto Hall
Kōjō-ji Temple
Setoda Port
Ikuchi-bashi Bridge
Hirayama Ikuo Museum of Art
Kōsan-ji Temple/ Kōsan-ji Museum
Ikuchijima Kita IC
Kanayama Port
Ōyama Shrine
Jizō-bana Stone Carving
Innoshima Park
Seawall Art *Sky Flower*
Akasaki Port
Seawall Art *Our Whale*
Sound Hakanda
Habu Port
Tateishi Port
Kami-Yuge Port
Shio-no-Yu
Karōto Port
Ikina Port
Yuge Port
Yugejima
Kamijima Town
Nishi-Seto Expressway
Sakari Port
Ikuchijima
Setoda Sunset Beach
Mt. Kannon-yama Park Scenic Overlook
Kōmyōbō Temple
Myōken Menhir
Okogi Port
Nagae Port
Ikinajima
Sunoue Port
Ikuchijima Minami IC
Iwagijima
Ikina Sports and Recreation Park
Matsubara Beach
Inland Sea Resort Fespa
Mt. Kushi-yama Scenic Overlook
Iwagi Folk Museum
Seawall Art *Hear the Sea Sing*
Iwagi Port
Akahonejima
Sashima Port
Sashima
Toyoshima
Yumeshima Kaidō
Ōmishima Children's Nature Center
Tateishi Scenic Overlook
Ōmishima
Iguchi Port
Tatara Campsite
Michi-no-Eki Rest Stop: Shimanami Station Mishima
Ōmishima Museum of Art
Ōmishima IC
Tatara Ōhashi Bridge
Murakami Santō Memorial Museum
Michi-no-Eki Rest Stop: Tatara Shimanami Park
Miyaura Port
Ōyamazumi Shrine
Mare Gracia Ōmishima
Utena Campground
Irihi-no-Taki Waterfall
Utena Dam
Mt. Hiraki-yama Park
Kita-Ura Hachiman Shrine
Tsubajima Campsite
Hanaguri Seto Scenic Overlook
Hakatajima
Ōmishima-bashi Bridge
Hakatajima IC
Oura Port
Ki-no-Ura Port
Okiura Beach
Michi-no-Eki Rest Stop: Hakata SC Park
Marine Oasis Hakata Beach
Dolphin Farm Shimanami
Michikajima
Hakata/Ōshima Ōhashi Bridge
Noshima
Nataore-no-Ki
Takaikami Port
Takaikamijima
Tokoro Museum Ōmishima
Toyō Itō Museum of Architecture
Munakata Port
Ōmishima Furusato Relaxation House Ken Iwata Mother and Child Museum
Ōgeshima
Ōge Port
Ōge Lighthouse
Mt. Karei-yama Scenic Overlook Park
Miyakubo Tourist Information Center
Miyakubo Port
Noshima Suigun Tour Murakami Pirate Museum
Ōshima
Ōshima Kita IC
Miyakubo Stone Culture Sports Park
Tomoura Port
Uoshima Port
Uoshima
Kamei Hachiman Shrine
Mt. Shiro-yama Scenic Overlook
Uoshima Sightseeing Center
Enoshima
Yoshiumi Rose Garden
Yoshiumi Rose Market
Yoshiura Traditional Culture Center
Saiwai Port
Kōge Port
Kōgeshima
Okamurajima
Okamura Port
Seto Inland Sea
Setouchi Shimanami Kaidō Cycling Road
Kurushima Kaikyō Ōhashi Bridge
Ōsumi Beach Park
Former Oshima Geiyo Fortress
Kurushima Kaikyō Scenic Overlook Rest Stop and Shop
Umashima
Ōshima Minami IC
Michi-no-Eki Rest Stop: Yoshiumi Iki Iki Market
Mt. Kirō-san Scenic Overlook Park
Imabari City
Hashihama Port
Imabari Kita IC
Chuo Rental Cycle Terminal [Sunrise Itoyama]
Namikata Park
JR Namikata Station
JR Hashihama Station
Shimanami Earth Land
Imabari Port
Imabari Station Cycling (i.i.imabari! Cycle Station)
Kamoike Beach Park
JR Imabari Station
Ehime Bunka-kan Museum
Imabari Castle
Hoshi-no-Ura Beach Park
JR Ōnishi Station
Nomauma Highland
Imabari IC
Kōno Museum
Imabari Station Tourist Information
Fujiyama Health and Culture Park
Mt. Myōken-san Kofun Tumulus
JR Iyo-tomita Station
Grave of the Lord of the Imabari Domain
Shishima-ga-Hara
Imabari Satoyama Stadium
Citizens Forest and Flower Park
Ehime Prefecture
JR Iyokameoka Station
Kawara Tile Museum Kawara Tile Furusato Park
Tamagawa Modern Art Museum
JR Iyo-sakurai Station
Yu-no-Ura Hot Spring
JR Kikuma Station
Towel Museum
Michi-no-Eki Rest Stop: Imabari Yu-no-Ura Hot Spring
Nibukawa Hot Springs

5km

What is the Setouchi Shimanami Kaidō?

The Setouchi Shimanami Kaidō Cycling Road is the 70 kilometer stretch of road and highway for cyclists and pedestrians that connects Onomichi to Imabari and crosses six bridges (excluding Onomichi Ōhashi Bridge and Shin-Onomichi Ōhashi Bridge). The Nishi-Seto Expressway (Highway) is also called the Setouchi Shimanami Kaidō.

A quaint townscape where the legacy of historical culture lives on

Onomichi

Senkō-ji Park

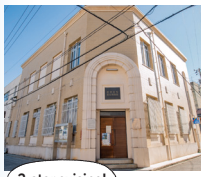
Enjoy a gorgeous panorama of the townscape and Onomichi Channel from high atop the city; chosen as one of the 100 Best Cherry Blossom Viewing Spots and as a Lover's Sanctuary. Inside the park, you'll find the Path of Literature that contains poems by Onomichi writers and poets engraved into stones, as well as museums, shops, and more.

DATA
Tourism Dept., Onomichi City
Tel:0848-38-9184 (weekdays from 8:30 am to 5:15 pm)
Open Year-Round
Free Admission
(Parking and museum admission requires fees)

Onomichi Motion Picture Museum

This museum was once a Meiji era storage house. It now features Onomichi-related film materials such as works by famed Japanese director Ozu Yasujirō (Tokyo Story). Enjoy rare film footage, trailers, and materials that you won't find anywhere else.

DATA **Tel:** 0848-37-8141 **Hours:** 10 am to 6 pm (admission ends at 5:30 pm)
Closed: Tuesdays (or next business day if Tuesday is a nat'l holiday), New Years Break
Admission: ¥520 (free for middle school students and younger)



Onomichi Historical Museum

The museum building is designated an important cultural asset by Onomichi City and was once the former main branch of Onomichi Bank (precursor to Hiroshima Bank). Contains displays of archeological finds from excavations in Onomichi, as well as works of art once owned by wealthy merchants.

DATA **Tel:** 0848-37-6555 **Hours:** 10 am to 6 pm (admission ends at 5:30 pm)
Closed: Tuesdays (or next business day if Tuesday is a nat'l holiday), New Years Break
Admission: ¥210 (free for middle school students and younger)

3-star cuisine!

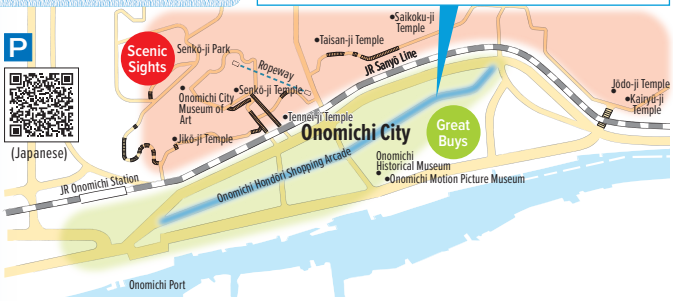
Onomichi Eats

Onomichi Ramen

Onomichi-yaki
(Chicken Gizzard/Fried Squid)

Onomichi Hondōri and the Endless Shopping Arcade

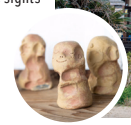
Stretching 1.2 kilometers from east to west along the Onomichi Channel is the Onomichi Shopping Arcade full of unique and charming shops and facilities housed in renovated classic Japanese buildings, including the Chamber of Commerce and more.



Historic Temples

The Onomichi Channel is surrounded by many unique historic temples, such as Jikō-ji Temple, which is known for its stone gate and nigiri-butsu clay Buddha statues. The three kilometer path that connects all 25 of Onomichi's temples is a must for any traveler and the perfect way to enjoy the sights of Onomichi.

Learn More
Historic Temple Walking Course
(Onomichi Tourism Information)
(Japanese)



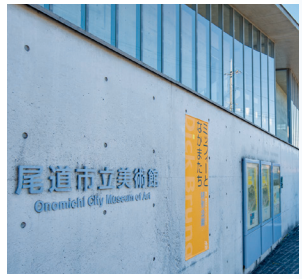
Shichi-Butsu Seven Temple Pilgrimage

Temples and shrines of all different sects and faiths can be found next to one another in Onomichi, a sight rarely seen in Japan. Collect go-shuin temple stamps at Onomichi's seven main temples (Jikō-ji Temple, Tennei-ji Temple, Senkō-ji Temple, Taisan-ji Temple, Saikoku-ji Temple, Jōdo-ji Temple, and Kairyū-ji Temple) to complete your shichi-butsu pilgrimage, and you'll receive a pilgrimage fulfilment seal and a beautiful paper wall hanger to display your go-shuin stamps.

Learn More
Onomichi Seven Temple Pilgrimage
(shichibutsu.jp)

Onomichi City Museum of Art

A modern museum in the middle of Senkō-ji Park designed by renowned architect Andō Tadao. The exposed concrete exhibition room was designed to let in natural light throughout, as well as offer glimpses of the surrounding scenery. Contains works of art from Onomichi artists such as Kobayashi Wasaku and many more.



DATA **Tel:** 0848-23-2281
Hours: 9 am to 5 pm (admission ends at 4:30 pm)
Note: only open during art exhibitions.
Closed: Mondays (excluding nat'l holidays), 12/29-1/3
Admission: Varies depending on the exhibition

Note: Information correct as of July 2023. Information is subject to change.

Connected to Onomichi by two large bridges and a short ferry

Mukaishima

Mt. Takami-yama National Park

Take in the breathtaking view of the islands that dot the Seto Inland Sea and the Shikoku Mountain Range from 283 meters high atop Mt. Takami-yama! In the springtime, the mountaintop turns a vibrant pink with cherry blossoms, and it's also a great spot to watch the sun rise or set at any time of the year.

DATA Open Year-Round
Free Admission

Iwashijima

This tiny island is only 8 kilometers around and is known for its scallions. It's connected to Mukaishima via the red Mukaishima Ôhashi Bridge, and the Itsukushima Shrine on the west shore of the island is a great place to recharge both mind and spirit. It's also the perfect stop on your island cycling adventure!

3-star cuisine!

Mukaishima Eats

Marine Youth Center

The distinctive wave-shaped, domed arena and auto camp site are just two of the many facilities available here. Marine sports like yachting and canoeing available in the summer months.

DATA **Tel:** 0848-44-6707
Hours: 9 am to 4 pm
(campsite: 3 pm to 10 am the following day; daytime camp from 10 am to 3 pm)
Closed: Tuesdays
(excluding nat'l holidays; closed next business day), 12/28-1/3
Fees: ¥1,050 for daytime camping; ¥3,140 for overnight camping (etc)

(Japanese)

Mukaishima Sports Park

A sports park with a gymnasium, sports pitches, tennis courts and a grass field. Used primarily by locals looking to keep fit.

DATA **Tel:** 0848-44-6700
Hours: 8:30 am to 9 pm
Closed: Mondays
(open if Monday falls on nat'l holiday; closed next business day)

Tachibana Seaside Park

Located where the Innoshima Ôhashi Bridge meets land. The perfect spot to take a break from cycling or driving, relax in any one of the nearby cafes and restaurants, or take a stroll along the shore.

DATA Tourism Dept., Onomichi City
Tel: 0848-38-9184

Note: Information correct as of July 2023. Information is subject to change.

The birthplace of hassaku citrus fruit

Innoshima

Mt. Shirataki-san and *Go-Hyaku Rakan*

Mt. Shirataki-san is a mountain for monastic training; it is said that the sixth head of the Murakami Suigun built Kannon-dō Temple as a lookout. Walk up the trail of 700 stone buddhas and you'll be rewarded with a panoramic view of the Seto Inland Sea from the observation deck.

DATA
Innoshima Tourism Association
Tel: 0845-26-6111
Open Year-Round **Free Admission**

Innoshima Suigun Castle

The Murakami Suigun maritime clan (pirates) roamed the Geiyo islands from around 1336 to 1467. In this unique castle-shaped museum, you'll find historical materials such as weapons and ancient documents related to the Murakami Suigun.

DATA
Tel: 0845-24-0936
Hours: 9:30 am to 5 pm
(admission ends at 4:30 pm)
Note: open 10 am to 3 pm on 1/2-3
Closed: Thursdays (excluding nat'l holidays), 12/29-1/1
Admission: ¥330 for adults, ¥160 for elementary and middle school students

For more information about the Murakami Pirates, see page 25.

3-star cuisine!

Innoshima Eats

Hakko Park

Located by the headquarters of Manda Fermentation Co, Ltd., this park is all about the process and health benefits of fermentation. Take a tour of their processing factory, or just relax in their spacious garden, grab a bite at the café, and do some shopping on site.

DATA
Tel: 0120-85-1589
Hours: 10 am to 5 pm
Café Hours: 10 am to 5 pm; last order 4:30 pm
(Lunch 11 am to 2 pm)
Closed: New Years Break, Wednesdays (excluding nat'l holidays)

Innoshima Flower Center

Enjoy seasonal flowers such as moss pink and tulips in the spring, hibiscus in the summer, roses in the fall, and ornamental kale in the winter. Relax with friends and family on the rolling green lawn.

DATA
Island Revitalization Division, Innoshima General Branch Office
Tel: 0845-26-6212 **Hours:** 9 am to 5 pm
Closed: Tuesdays (or next business day if Tuesday is a nat'l holiday), 12/29-1/3
Free Admission

Hōninbō Shūsaku Igo Memorial Museum

This museum features items owned by genius Go player, Hōninbō Shūsaku, who built the basics of modern Go openings, along with exhibits of rare materials. It includes a replica of his home and is a mecca for Go players.

DATA
Tel: 0845-24-3715
Hours: 10 am to 5 pm (admission ends at 4:30 pm)
Closed: Tuesdays (or next business day if Tuesday is a nat'l holiday), New Years Break

(Japanese)

Note: Information correct as of July 2023. Information is subject to change.

The number one producer of lemons in Japan!

Ikuchijima

Lemon Valley

Located near the Tatara Ōhashi Bridge that connects to Ōmishima. The bench with a lemon is a popular spot for cyclists to rest and for Instagrammable photos!

DATA **Open Year-Round**
Free Admission

Kōjō-ji Temple

A Sōtō school Buddhist temple founded in 1403. The vermillion-lacquered three-tier pagoda, built by Lord Kobayakawa (ruler of the Ikuchijima area) in 1432, is designated as a national treasure.

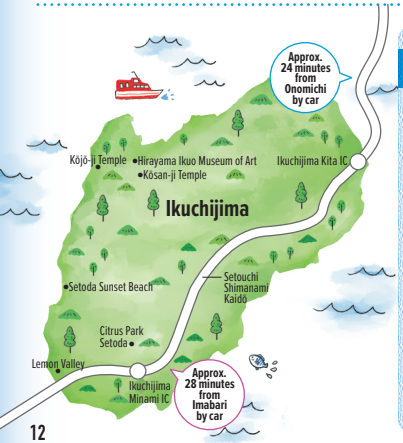
DATA **Tel:** 0845-27-3377
Hours: 8 am to 5 pm
Open Year-Round
Admission: ¥100 (to the pagoda)

Setoda Sunset Beach

As noted in its name, this beach offers breathtaking sunset views! Chosen as one of the top 88 beaches in Japan for its 800 meters of white sand and clear, blue waters, it's one of the most beautiful beaches in the Chugoku region. Enjoy sea kayaking, SUP, camping, and more!

DATA **Tel:** 0845-27-1100
Free Admission
(sea kayaking, SUP, and camping require fees)

(Japanese)



3-star cuisine!

Ikuchijima Eats

Gelato

Lemon Cake

Tako-Meshi
(steamed octopus and rice)

The Hill of Hope (Kōsan-ji Temple)

This temple was founded by industrialist Kōsanji Kōzo and dedicated to his late mother. The Hill of Hope is a spacious 5000m² wonder of Italian marble and the perfect place to take pictures.

DATA **Tel:** 0845-27-0800
Hours: 9 am to 5 pm (Choseikaku Villa: 10 am to 4 pm)
Open Year-Round
Admission: ¥1400 for adults,
¥1000 for college/high school students
free for middle school students and younger
Discounts for groups of 20 or more

Hirayama Ikuo Museum of Art

Contains works of Nihonga 20th century Japanese-style painting by Hirayama Ikuo, who was born and raised in Setoda-cho, including rare paintings from his youth, sketches, and more. You can also find exhibits of works from his twilight years.

DATA **Tel:** 0845-27-3800
Hours: 9 am to 5 pm (admission ends at 4:30 pm)
Open Year-Round (excluding closures to change exhibits)
Admission: College & High School ¥500,
Junior High School & Elementary School ¥300
Discounts for groups of 10 or more

Shima-goto Museum

Created as an art project in 1989 with the concept of turning an entire island into an art museum, it consists of 17 works that highlight the locations chosen by participating artists.

DATA Island Revitalization Division, Setoda Branch Office
Tel: 0845-27-2210

Note: Information correct as of July 2023. Information is subject to change.

ACCESS

Information on how to get to major destinations using public transport

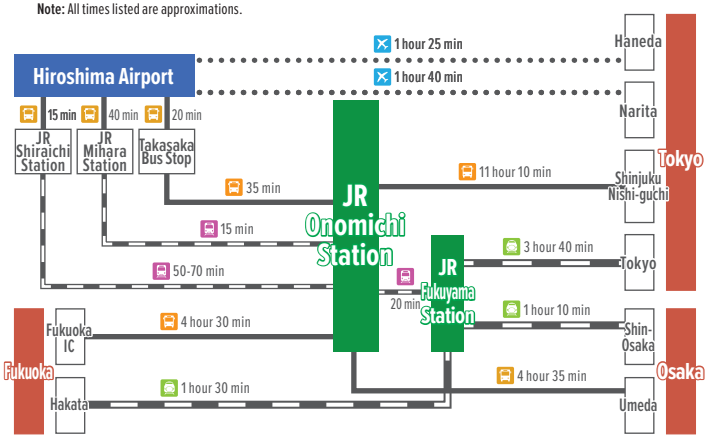
\ Directions from Major Cities /

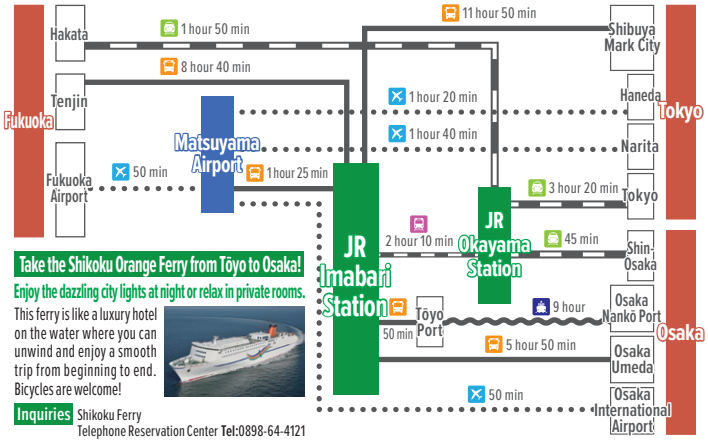
→Onomichi →Imabari

Directions from Major Cities

Airplane Shinkansen JR Bus Ferry

Note: All times listed are approximations.



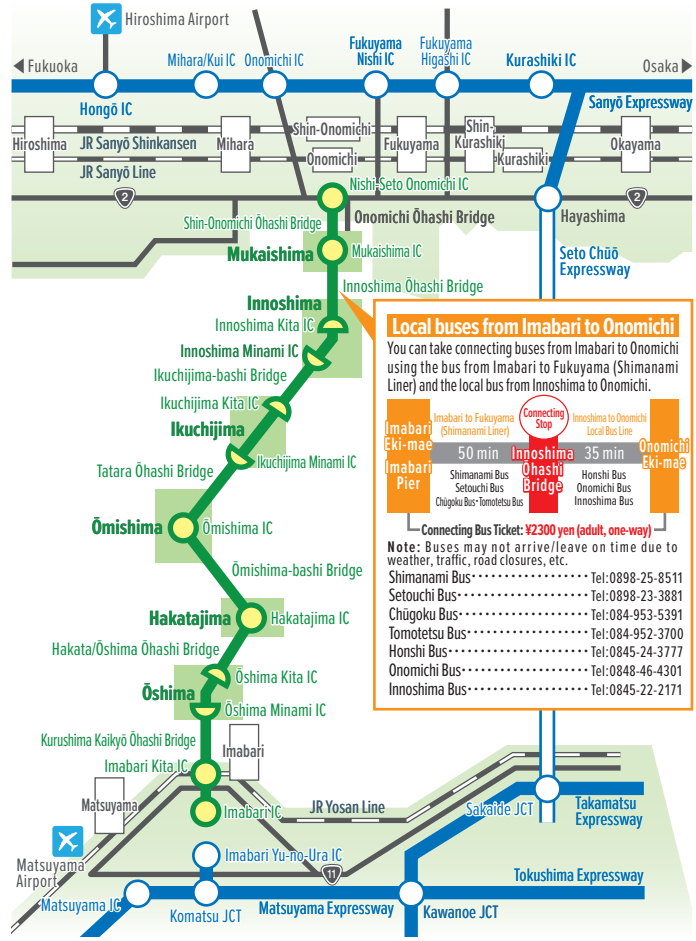


Take the Shikoku Orange Ferry from Tōyo to Osaka!

Enjoy the dazzling city lights at night or relax in private rooms.

This ferry is like a luxury hotel on the water where you can unwind and enjoy a smooth trip from beginning to end. Bicycles are welcome!

Inquiries Shikoku Ferry
Telephone Reservation Center **Tel:**0898-64-4121



Local buses from Imabari to Onomichi

You can take connecting buses from Imabari to Onomichi using the bus from Imabari to Fukuyama (Shimanami Liner) and the local bus from Innoshima to Onomichi.

Connecting Bus Ticket: ¥2300 yen (adult, one-way)

Note: Buses may not arrive/leave on time due to weather, traffic, road closures, etc.

Shimanami Bus	Tel:0898-25-8511
Setouchi Bus	Tel:0898-23-3881
Chūgoku Bus	Tel:084-953-5391
Tomotetsu Bus	Tel:084-952-3700
Honshi Bus	Tel:0845-24-3777
Onomichi Bus	Tel:0848-46-4301
Innoshima Bus	Tel:0845-22-2171

Note: Information correct as of July 2023. Information is subject to change.

Travel to the Islands

ACCESS

**Traveling by boat is the best way to enjoy the Seto Inland Sea!
Here you'll find information about the major ship lines
along the Shimanami Kaidō and the Yumeshima Kaidō (Kamijima Town).**

Onomichi-Setoda Lines

Cycle Ship Lazuli

A cyclist-friendly cruise ship!

Cycle Ship Lazuli is a blue ship that connects the oceans and islands along the Shimanami Kaidō and is perfect for cyclists. You'll find bike stands on the observation deck and they also offer a bike tool lending service!

Note: different boats run during the weekdays and during private charter rentals.

Inquiries Setouchi Cruising **Tel:** 0848-36-6113

Setouchi Shima-tabi Line

Setouchi Tourism Cruiser *Sea Spica*

Note: line runs between Mihara and Hiroshima (from Mihara Port to Hiroshima Port via Setoda Port)

Experience the magic of the many islands in the Seto Inland Sea!

Sea Spica combines tourism with high-speed cruising as it goes around the many sights in the Seto Inland Sea from Kōsan-ji Temple in Setoda, to Ōkunoshima (aka Rabbit Island), the famous still waters of Mitarai, and more! The ship was designed to maximize your view of the different locations while still being spacious and comfortable. Enjoy a high-class tourism experience with Sea Spica.

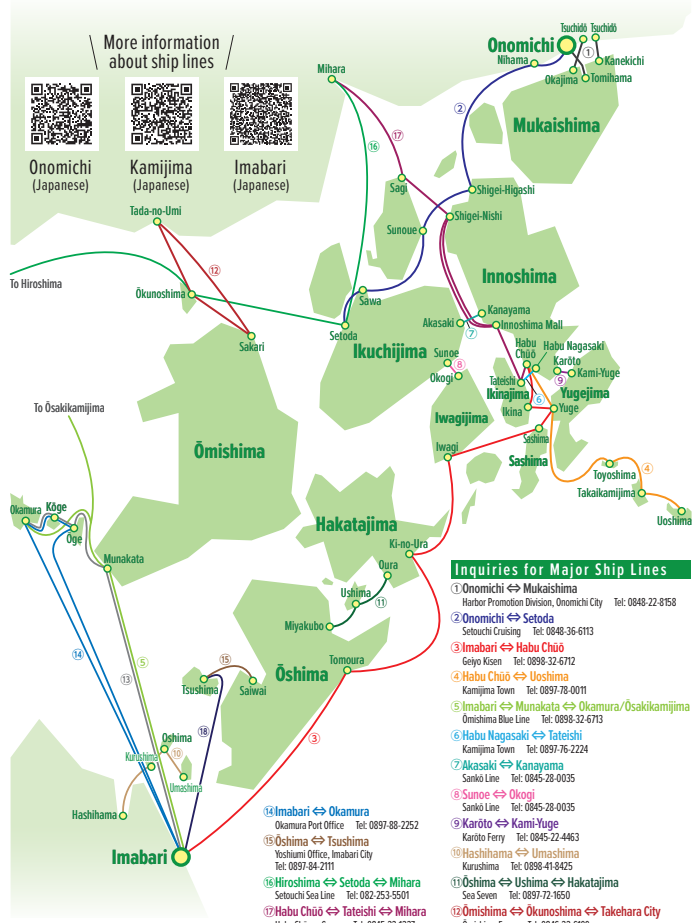
Inquiries Setouchi Sea Line **Tel:** 082-253-5501

TOPICS

Island Hopping Charter Boat, Cycleship Shimanami

Create your own Setouchi cycle adventure with this charter service which connects the Shimanami Kaido with other popular cycle routes, the Tobishima Kaido and the Sazanami Kaido. Barrier free by design and with charging for E-bikes, bicycle stands and other facilities available.

Inquiries Shimanami **Tel:** 0898-25-7338



Inquiries for Major Ship Lines

① Onomichi ↔ Mukaishima
Harbor Promotion Division, Onomichi City Tel: 0848-22-8158

② Onomichi ↔ Setoda
Setouchi Cruising Tel: 0848-36-6113

③ Imabari ↔ Habu Chūō
Geiyo Kisen Tel: 0898-32-6712

④ Habu Chūō ↔ Uoshima
Kamijima Town Tel: 0897-78-0011

⑤ Imabari ↔ Munakata ↔ Okamura/Ōsakikamijima
Ōmishima Blue Line Tel: 0898-32-6713

⑥ Habu Nagasaki ↔ Tateishi
Kamijima Town Tel: 0897-76-2224

⑦ Akasaki ↔ Kanayama
Sankō Line Tel: 0845-28-0035

⑧ Sunoe ↔ Okogi
Sankō Line Tel: 0845-28-0035

⑨ Karōto ↔ Kami-Yuge
Karōto Ferry Tel: 0845-22-4463

⑩ Hashihama ↔ Umashima
Kurushima Tel: 0898-41-8425

⑪ Ōshima ↔ Ushima ↔ Hakatajima
Sea Seven Tel: 0897-72-1650

⑫ Ōmishima ↔ Ōkunoshima ↔ Takehara City
Ōmishima Ferry Tel: 0846-22-6199

⑬ Imabari ↔ Ōmishima ↔ Okamura
Okamura Port Office Tel: 0897-88-2252

⑭ Imabari ↔ Okamura
Okamura Port Office Tel: 0897-88-2252

⑮ Ōshima ↔ Tsushima
Yoshiumi Office, Imabari City Tel: 0897-84-2111

⑯ Hiroshima ↔ Setoda ↔ Mihara
Setouchi Sea Line Tel: 082-253-5501

⑰ Habu Chūō ↔ Tateishi ↔ Mihara
Habu Shōsen Group Tel: 0845-22-1337

⑱ Imabari ↔ Tsushima
Tsushima Ferry (Ltd) Tel: 0898-22-2123

Note: Information correct as of July 2023. Information is subject to change.

Places to Stay

Accommodations

that will have you coming back again and again

Onomichi, Imabari, and Kamijima are three incredible places with a lot to offer visitors, and in each place, you'll find accommodations that will help you make the most out of your trip!

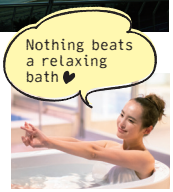
Seasoned Shimanami Kaidō travelers aren't always here solely for the sights: many visit to get away from it all at a favorite hotel or resort. You won't find many business accommodations here; most are tailored to those who like to relax and take it slow. From historical ryokan to peaceful resort hotels and cottages in the great outdoors, each of these places offers visitors a charming and tranquil respite during their adventures.

Exquisite hospitality from a historic ryokan

Suminoe Ryokan dates back over 100 years to a time when Setoda flourished as a trading port. Traditional Japanese architecture lends an air of sophistication and the garden, completed in the Meiji era, is a remarkable work of natural beauty. Savor freshly caught local fish and other delicacies prepared by their head chef.

Begin your day with the magic of sunrise

Located high atop a hill overlooking the vast and calm Seto Inland Sea. Start your day by taking in the sunrise from your balcony and then take a relaxing soak in an outdoor bath while listening the sound of the waves on the shore. Be transported to a place of absolute zen, away from the hustle and bustle of the city.



Surround yourself with the sea and the sky

Located in the center of the Shimanami Kaidō, Ōmishima is home to Wakka, a popular destination with cycling enthusiasts! Offering cottages with ocean views, domed tents for glamping, and dormitories that give guests the chance to meet other fellow travelers, you're sure to find the perfect place to suit your needs.

Suminoe Ryokan

DATA **Tel:** 0845-27-2155 **Address:** 264-3 Setoda, Setoda-cho, Onomichi City **Price:** ¥19360 (incl tax and service charge)～ per night 2 meals included

Inland Sea Resort Fespa

DATA **Tel:** 0897-77-2200 **Address:** 287 Yuge-Hibi, Kamijima-cho, Ochi-gun **Front Desk Hours:** Weekdays 10 am to 5 pm **Closed:** Wednesdays (May change according to the season) **Price:** ¥16800 (incl tax and service charge)～ per person, per night (2 person room, 2 meals included)

Wakka

DATA **Tel:** 0897-72-8705 **Address:** 6691-1 Inokuchi, Kamiura-cho, Imabari City **Front Desk Hours:** Weekdays 9 am to 6 pm **Closed:** Tuesdays **Price:** Dome Tent Weekdays ¥15000 (incl tax and service charge) ～ for up to 2 people

Accommodation plans to fit your travel style!

Shimanami Touch List of Accommodations
(shimanami-cycle.or.jp)
(Japanese)

Reserve online!
Area Gate Reservations
(area-gate.biz)
(Japanese)

Note: Information correct as of July 2023. Information is subject to change.

Activities and Adventures

Get more out of your travels!

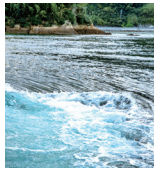
Experience Shimanami

With so much more to offer than just sightseeing and great food, try these unique Shimanami outdoor adventures and activities.

Make the most of your visit to the Shimanami Kaidō with these incredible activities, adventures, and crafts. Even the most seasoned Shimanami Kaidō traveler is bound to discover something new! Experiences make the best souvenirs, and you might just find that they offer hints and wisdom for your everyday life.

Travel back in time to the world of the Murakami Pirates

In the area around Noshima, the headquarters of the Murakami Pirates and where they built their castle, there are whirlpools up to speeds of 10 knots (18 km/h). The Noshima Suigun Tour (details below) takes you around these natural whirlpools for a thrilling sea adventure.



Lose yourself in the beautiful blue of the skies and the sea

The first thing you'll notice about the Kamijima area is the gorgeous blue waters of the sea. What better way to experience the natural beauty of the ocean than aboard a sea kayak? Setouchi Paddlers Club offers a variety of Kamijima trips for beginners and beyond, including day trips, camping, and more!

Choose the Setouchi Shimanami Kaidō for an unforgettable wedding!

With wedding photos taken in spectacular sites and the ability to rent out entire hotels, why not make your wedding the event of the century with our personalized wedding plans?

Shimanami Weddings
(shimanami-cycle.or.jp)
(Japanese)

Vintage letterpress printing

Onomichi is full of old Japanese homes which have been renovated and turned into popular shops. At the base of Mt. Senko-ji, along the JR tracks, you'll find Campanella Letterpress where you can experience letterpress printing first-hand. Create your own original work of vintage word art!

Find more information here!

Shimanami Touch Activities List
(shimanami-cycle.or.jp)
(Japanese)

Reserve online!

Area Gate Activities Reservations
(area-gate.biz)

Noshima Suigun Tour

Info **Tel:** 0897-86-3323 **Address:** 1293-2 Miyakubo, Miyakubo-cho, Imabari City **Reception hours:** weekdays 9 am to 4 pm (all day) **Closed:** Mondays (or next business day if Monday is a nat'l holiday) **Tour fees:** Adults ¥1500 Elementary school students ¥700 (free for those younger than elementary school students)

Setouchi Paddlers Club

Info **Tel:** 0897-72-9277 **Inquiries:** Kamijima Tourism Association **Reception hours:** 8:30 am to 5:15 pm **Open Year-Round** **Fees:** Tour/¥6000～ (including insurance fees, gear usage fees, and guide fees; advance reservation required)

Campanella Letterpress

Info **Tel:** 0848-51-4020 **Address:** 11-2 Higashitsuchidō-cho, Onomichi City **Hours:** 10 am to 6 pm **Closed:** New Years break, other **Fees:** 15 min letterpress workshop ¥550～ (including tax and excluding cost of paper)

Note: Information correct as of July 2023. Information is subject to change.

The Blue Line: Connecting Onomichi and Imabari

Enjoy cycling at your leisure with our 10 rental cycle terminals along the way.

◀ Reservations
Shimanami Rental Cycle
(shimanami-cycle.or.jp)

Note: Information correct as of July 2023. Information is subject to change.

Shimanami Cycling Handbook

4 Reasons Why Cyclists Choose Shimanami

One of the world's top cycling destinations, the Shimanami Kaidō offers unlimited adventures for riders of all abilities!

1 Natural and Manmade Sights of Scenic Beauty

The many green islands that dot the Seto Inland Sea and the stunning bridges that connect them all create an incredible landscape!

2 The Blue Line

JR Onomichi Station and JR Imabari Station are connected by the Blue Line, so you'll never get lost!

3 Cycling Oases

There are approximately 160 Cycle Oasis rest stops in the Shimanami Kaidō area where you can rest, fill up on water, or use the toilet.

4 Bicycles Welcome!

Bring your bike with you to your lodgings, on boats, and everywhere in between! We've made sure anywhere you can go, your bike can go too.

NATIONAL CYCLE ROUTE

The Shimanami Kaidō Cycling Road is designated as a National Cycling Route.

For more details, see ▶

The National Cycling Route System is a nationally designated route that, in addition to being enjoyable for cycling, also creates new tourism value through cycling and fulfils criteria for both hard and soft infrastructure that will lead to regional revitalization.

Cycle along the Yumeshima Kaidō
that connects the islands of Kamijima-cho!

Yumeshima Kaidō Bicycle Rental Information

Rental Prices	Adults	Elementary school students and younger
Cross bike, city bike	¥1100/day	¥550/day
Tandem bike	¥1650/day	
Pedelec (pedal electric cycle)	¥1650/day	¥1100/day
E-bike※1	¥5500/day	¥3300/day
Drop-off fee	¥1100/bike	

Note 1: You can return your bike to any terminal within Kamijima Town. Note 2: There is a ¥1100 charge for returning rental bicycles to a different terminal. ※1 E-bike users must be 145cm or taller

◀ More information
Bicycle Rentals (Setouchi Kamijima Trip)
(kamijima.info)
(Japanese)

Inquiries Kamijima Tourism Association **0897-72-9277**

Cycling FAQs

What should I wear?
Beginners should stick to comfortable clothes that are easy to move in. In the summer, we recommend a light long-sleeved jacket to protect you from the sun. Choose pants that have a stretch to them for easy pedaling, and make sure they're slightly fitted to avoid getting caught in the gears. Sandals and open-toed shoes are a definite DON'T; choose sneakers instead.

What should I bring?
As not all bikes have front baskets, we recommend bringing a messenger bag or backpack. Make sure you have something to drink and a small towel to keep yourself dry. It's always a good idea to pack a poncho in case of sudden rain, too. In the summer, keep sunblock handy and remember those shades!

What should I do if I need help?
If you get into an accident or are injured during your ride, call the police (110) and an ambulance (119) immediately. If you're having some bicycle trouble, call the Shimanami Riders Rescue! For those renting bikes, call the shop from which you rented.

HELP!

Shimanami Riders Rescue
Onomichi (Japanese) Imabari (Japanese)

The perfect gift♪ Shimanami Blue Merch

Protect your face!
Neck Gaiter
(¥1980~ each incl tax)
Note: Sunglasses and helmet are not for sale.

Festa version ▶ ▲ Blues version

Imabari Towel handkerchiefs that fold in two for easy storage.
Shimanami Blue Towel Handkerchief
(¥825 each incl tax)
Colors: Navy blue/ white/black/gray

Check out the designs on the back!

T-shirt
(¥4070 each incl tax)
Sizes: S/M/L/XL
Note: some products may be sold out in certain sizes.

Merch details here! (shimanami-cycle.or.jp) (Japanese)

Note: Shimanami Blue Merch is Shimanami Japan's line of goods and souvenir products for the Shimanami Kaidō.

Note: Information correct as of July 2023. Information is subject to change.

Great for Beginners! Shimanami Rental Cycle

Bicycle Types and Fees	Adults	Elementary school students and younger
cross bike, city bike	¥3000/day	¥1000/day
Tandem bike※1	¥4000/day	—
Electric Assist Bicycle	¥4000/day	—
E-bike※2	¥8000/day	—

Note: Prices scheduled to change from September 1, 2023.

※1 Tandems must be returned to place of rental. Note that some terminals do not have these models available. ※2 E-Bikes can only be rented from and returned to a limited number of terminals.

For more details, see
Bicycle Rental Information
(shimanami-cycle.or.jp)

Reservations Shimanami Rental Cycle **0848-22-3911**

Picky about your bicycle brand?
Choose from a variety of brands at the shops listed here!
◀ More information
List of Bicycle Rental Shops (Shimanami Area) (shimanami-cycle.or.jp)
(Japanese)

Bring your bike with you!

Enjoy the freedom of luggage-free cycling!
Have your luggage sent ahead to your next hotel. Perfect for multi-day trips!

More details ▶
"Cycling Without Baggage"
(sagawa-exp.co.jp)

Distance
Beginners should probably aim to ride about 10 kilometers in an hour. A 30 kilometer day trip is a safe bet if you're new to cycling, and if you're a seasoned rider, you can probably ride the entire 70 kilometers of the Shimanami Kaidō in 6 to 8 hours!

Cycle Oases
There are approximately 160 Cycle Oases along the Shimanami Kaidō where you can park your bike and take a break. They also offer bicycle repair services, water bottle refill services, and restrooms. Some even offer coin-operated lockers and showers, so be sure to check out the Cycle Oases on your route beforehand! Sidenote: many of the popular tourist spots also have bicycle racks to park your bike.

Happy Trails!

★ Beginner Course	★★ Intermediate Course	★★★ Advanced Course
From Onomichi to around Mukaishima and back	From Imabari to Oshima and back	From Onomichi Port to Imabari and everything in between
Distance: approx. 18 km	Distance: 30 km	Distance: approx. 70 km
Time: 2 hours	Time: 3-4 hours	Time: 4-10 hours
This course takes you around the shores of Mukaishima across from Onomichi. Pair this trip with a leisurely stroll around Onomichi for a perfect day!	Your journey begins at the Shimanami Monument at Sunrise Itoyama! Cross the Kurushima Kaikyo Ohashi Bridge and then return via Yoshiumi Rose Garden. Those up for the challenge should consider the climb up to the Mt. Kiro-san Scenic Overlook Park.	For those who want to hit every point on the Shimanami Kaidō from Hiroshima Prefecture to Ehime Prefecture! Cross all 6 bridges that connect the islands and take in all the gorgeous natural scenery that awaits.

◀ More information about **cycling courses** (shimanami-cycle.or.jp)

Murakami KAIZOKU Tidal Current Experience!

The best way to get a true grasp of the navigation and ship maneuvering skills of the maritime clan known as the Murakami KAIZOKU that were the key to their domination of this part of the Seto Inland Sea.

The Kurushima Kaikyo Boat Tour not only takes you into the swirling waters of the Kurushima Straits which has one of Japan's three fastest currents, but also allows you to view the impressive Kurushima Straits Bridge from a unique perspective. History buffs will love exploring the islands of Kurushima which was once a pirate fortress and Oshima on which the ruins of military defenses which date from the late 19th century remain. The tour also passes by the towering ships in Imabari's giant shipbuilding docks.

Visit sites related to the Murakami KAIZOKU!

Ōshima (p. 39)

Innoshima (p. 9)

Not your usual pirate grub!

Shimanami Local Specialty: Pirate *Musubi* Riceball

These *musubi* are made under the philosophy of three angles (triangle-shaped), three types (of fillings), and the best for three parties (ensuring the happiness of those who make them, eat them, and the local community). Fillings vary by shop, so you're sure to find a new favorite (or three!) during your visit.

Look for this banner!

◀ More Information
Shimanami Local Specialty: Pirate *Musubi* Riceball
(shimanami-cycle.or.jp)
(Japanese)

Note: Information correct as of July 2023. Information is subject to change.

A short Setouchi history lesson

Pirates who protected, not plundered

The Most Infamous Pirate Band in Japanese History

In the time of the Warring States period (1467-1615), when famed warriors Oda Nobunaga, Toyotomi Hideyoshi, and Tokugawa Ieyasu all battled to unite Japan, Portuguese missionary Luís Fróis wrote in his *Historia de Japam* (History of Japan) about the Murakami KAIZOKU, which he called "the largest pirate band in all of Japan." The Murakami Clan had bases of operations on Noshima, Kurushima, and Innoshima, working mainly around the Geiyo Islands, but also widely in the Seto Inland Sea.

The Seto Inland Sea has long been a hub for sea transit. While the waters appear to be relatively calm, the complicated geography of the Seto Inland Sea means that there are vast differences between high tide and low tide, as well as places where the eddies are tricky, making it dangerous to navigate. The Murakami KAIZOKU built naval castles along many of the shipping lanes and would collect tolls from ships passing through. The pirates would guide ships that paid the tolls and safely navigate them in the tricky waters. They would also protect them should other pirates attack.

The word "pirates" makes many people think of a band of rowdy ruffians who attack other ships to plunder their goods and finery; however, the Murakami KAIZOKU followed a code and ensured safe passage of ships, protecting trade and the distribution of goods in the Seto Inland Sea. By learning about the history, lifestyle, and elegant culture of these unique pirates, you'll discover a whole new side to the idea of pirates, as protectors rather than plunderers.

Designated Japan Heritage: The Murakami KAIZOKU

Japan's tangible and intangible cultural properties have been preserved through narratives based on unique regional histories and traditions. By recognizing these stories as Japan Heritage, the Agency for Cultural Affairs plans to promote these historical legacies and to provide comprehensive support so that this heritage may be effectively preserved and maintained. The Murakami KAIZOKU were officially recognized as Japan Heritage in FY2016.

JAPAN HERITAGE
日本遺産

◀ Learn More
Japan Heritage:
Murakami KAIZOKU Official Site
(murakami-kaizoku.com)

Photo: former site of Noshima Castle

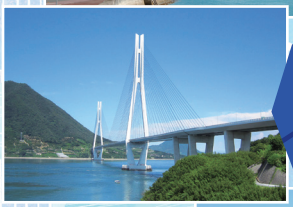
Shin-Onomichi Ōhashi Bridge (background)
Length: 546 meters
Opened in May 1999

Onomichi Ōhashi Bridge (foreground)
Length: 386 meters
Opened in March 1968

Note: both the Onomichi Ōhashi Bridge and Shin-Onomichi Ōhashi Bridge do not have bicycle lanes.

Ikuchijima-bashi Bridge
Length: 790 meters
Opened in December 1991

Innoshima Ōhashi Bridge
Length: 1270 meters
Opened in December 1983



Setouchi Shimanami Kaidō
Ōhashi Bridge Photo Collection

Bridging islands and people across the sea, get to know the personalities and breathtaking views of these incredible bridges.

Tatara Ōhashi Bridge
Length: 1480 meters
Opened in May 1999

Ōmishima-bashi Bridge
Length: 328 meters
Opened in May 1979

Hakata/Ōshima Ōhashi Bridge
Length: 1165 meters
Opened in January 1988

Kurushima Kaikyō Ōhashi Bridge
Length: 4150 meters
Opened in May 1999

Yumeshima Kaidō

Yuge Ōhashi Bridge
Length: 567 meters
Opened in March 1996

Ikina-bashi Bridge
Length: 325 meters
Opened in February 2011

Iwagi-bashi Bridge
Length: 735 meters
Opened in March 2022

Zesty Shimanami Kaidō: Citrus Paradise

The islands of the Shimanami and Yumeshima Kaidō are home to many different citrus fruits which are sold according to season at *Michi-no-Eki* rest stops, or even on the side of the road from unmanned fruit stalls. Be sure to try the incredible local flavors of these unique citrus fruits!

Spring

Amanatsu Derived from summer mikan, ama-natsu are sweet with a hint of sour. Be careful: the thick inner skin is rather bitter!

Harumi Derived from kiyomi; while the peel is a bit rough, this citrus fruit is a taste treat.

Setoka Also derived from kiyomi; a rich sweetness with a thin, easy-to-peel skin.

Kiyomi The first citrus fruit in Japan to combine the best of both oranges and mikan. Juicy and bursting with flavor!

Haruka Derived from hyūga-natsu with a yellow-ish peel; refined sweetness with a refreshing fragrance.

Anseikan Indigenous to Innoshima, this rather large citrus fruit has an elegant sweetness and is often given as a gift.

Fall

Green Lemon These green lemons are a rare find outside of Shimanami! Perfect for topping udon or ramen, they have an incredibly mild taste.

Very-early and Early Ripening Satsuma Mandarin While quite small, these mikan are juicy with the perfect balance of sweet and tart.

Winter

※ **Ehime Kashi No.28 (Beni Madonna)** Developed by Ehime Prefecture, this citrus fruit melts in your mouth like a fine, silky gelée. Each beni madonna is raised with care, protected on the tree.

◎Beni Madonna is a registered trademark of JA Zennō.

※ **Kanpei** Born in Ehime Prefecture and named for its sweetness and its squashed appearance, kanpei has a wonderful fragrance and deep sweetness.

Navel Orange Known for its orange-like sweetness and rich fragrance.

Iyokan Despite its thick skin, iyokan are easy to peel with your hands and make a great snack! Juicy and balanced with an intense flavor.

※ **Harehime** Ehime Prefecture is the largest producer of harehime in Japan. With a refreshing fragrance like oranges, they're easy to peel and enjoy.

Ishiji (Satsuma Mandarin) A variant of unshū mikan with a wonderful balance of sweet and tart; named for the person who discovered it in Kure City. It was registered as a new variety of mikan in 2000.

Hassaku This fruit, created on Innoshima, gained national recognition after the success of the hassaku daifuku, a Japanese confection that combined this delightfully bitter fruit with the refined sweetness of white bean paste.

Shiranuhi (Dekopon) A crossbreed of kiyomi and ponkan, dekopon is characterized by the knob on top, as well as its tempered sweetness and perfect amount of tart.

◎*Dekopon* is a registered trademark of the Kumamoto Fruits Association. The official name of the variety is *Shiranuhi*.

Lemon Ikuchijima is the number one producer of domestic lemons! Known for their sweetness within the sour, they have a wonderful fragrance to them, and you can use the zest for all kinds of dishes.

※Photo was provided by Ehime Prefecture.

Wait, what?

Shimanami Mysteries, Misconceptions, and Miracles

Fun facts that are sure to surprise!

1 Mystery

The precarious balance of the wobbling stones

The Wobbling Stones of Iwashijima

The Wobbling Stones can be found in Nishi-Iwatake on Iwashijima. This local destination lies at the end of a rugged mountain road overlooking the islands of the Seto Inland Sea. Precariously balanced atop one another, the heavy stones are said to be a naturally-occurring phenomenon and the site is registered as a designated natural monument by Onomichi City.

2 Misconception

Aren't bikes the only way to cross the bridges?

Driving on the Shimanami Kaidō

The Shimanami Kaidō is known as a mecca for cycling enthusiasts both in Japan and overseas, leading many to think that the only way to travel the route is by bicycle. However, the Setouchi Shimanami Kaidō is the nickname of the Nishi-Seto Expressway and is equipped with 59.4 meters of lanes for cars only. With different views than the bicycle route, enjoy a leisurely drive across the Shimanami.

3 Miracle

A spiritual experience

The Great Camphor Tree of Ōyamazumi Shrine

The nature of the spiritual world has long been a mystery, and that's part of what draws people in. It has long been said that great trees that stand inside of shrine grounds have a strong spiritual energy, and many flock to them to share in that mysterious power. Ōmishima is home to the oldest primordial forest of camphor trees in Japan, designated as a National Natural Treasure in 1951. Of these trees, the one that stands before the main hall of the Ōyamazumi Shrine is thought to be 2,600 years old with has a domineering presence. Covering the sky with its proud branches, legend has it that if you make a wish and walk around the great trunk three times while holding your breath, it will come true. Come and experience the spiritual miracle of the Great Camphor Tree.

4 Mystery

Shinkansen on an island?!

The Kamijima Shinkansen

Kamijima Town is made up of seven inhabited islands and 18 uninhabited islands, but did you know there is a shinkansen on one of them? Of course, it's not a working shinkansen that you can ride; it's actually a water meter! It is said that it was made to celebrate the creation of the shinkansen, but it was actually created as an original design by Yugejima when it was known as Yuge Town. You can see these little "shinkansen" here and there throughout the town.

5 Misconception

Not just a temple phenomenon!

Tatara *Naki-ryū*

At the Nikkō Tōshōgu Yakushi-ji Temple, it is said that if you hit two wooden clappers together under the roof where a great dragon is painted, it sounds like bells. They call this phenomenon *naki-ryū* or the Call of the Dragon, and it's caused by the multiple reverberations of parallel beams in the roof and walls. It's a common misconception that the *naki-ryū* effect is limited to temples or shrines; in reality, you can also hear this effect in the Tatara Ōhashi Bridge that connects Ehime Prefecture and Hiroshima Prefecture! If you clap your hands in a certain location on the walkway, the sound echoes like it's climbing into the sky. This is because the Tatara Ōhashi Bridge is built so precisely that the interior of the main bridge tower is almost perfectly straight. Give it a try!

6 Mystery

Carp, killifish, and flounder, oh my!

The Moat at Imabari Castle

Chosen as one of the 100 most beautiful castles in Japan, it is also one of the top three water castles in Japan with its saltwater inner moat and dock for military boats. Even today, the inner moat is connected to the sea and the water level changes with the tides. You can also sometimes see sea bream, flounder, rays, and sharks swimming in the moat. While this alone is quite unique, freshwater filters up from the bottom of the moat, meaning that you can also see freshwater killifish swimming there too! Saltwater fish and freshwater fish together in the same moat? I'm sure the fish are just as surprised.

Kamijima

Take in beautiful island views while meeting friendly locals.

Mt. Sekizen-zan Scenic Overlook

Located in the near exact center of Iwagijima, it's the best place to get a view of all the islands of Kamijima. A popular spot for cherry blossom viewing in the spring and hiking when the weather is fine.

DATA Kamijima Town Tourism Strategy Division
Tel: 0897-77-2252

YUMESHIMA CIRCLE

Take souvenir photos with views of the three Yumeshima Kaido bridges at this series of installations, completed in March 2022 to replace the Yumeshima Breakwater Art Project.

Yugejima

YUMESHIMA CIRCLE YUGE

Ikinajima

YUMESHIMA CIRCLE IKINA

Iwagijima

YUMESHIMA CIRCLE IWAGI

Adventures and Activities

The best way to get to know Kamijima Town is to jump right in! Meet the locals, and take in the sights, sounds, and hospitality while you surround yourself with the beauty of nature.

More Information Setouchi Kamijima Trip(kamijima.info) (Japanese)

DATA Kamijima Town Tourism Association **Tel:** 0897-72-9277 **Hours:** 8:30 am to 5:15 pm **Closed:**during new year holidays

Note: Information correct as of July 2023. Information is subject to change.

A town composed of 25 wonderful islands

Kamijima

●Kamijima Town Official Website
Setouchi Kamijima Trip
Kamijima Tourism Guide (kamijima.info)
(Japanese)

3-star cuisine!

Kamijima Eats

Lemon and Pork Ricebowl

Kami-Yuge Bagel Sandwich

Yuge Umi-no-Eki Bento

Takaikamijima Manga Wall Art

30 minutes by boat from Yuge Port, you'll find this massive manga wall art that can be seen from the docks. Includes pieces drawn exclusively for Takaikamijima; don't miss it!

Just a quick boat ride away!

Yuge Seastation "FLAT"

This market has mooring facilities for boats and also features restrooms, shower stalls, and washing machines, as well as a place to meet the locals. A popular destination for cyclists and tourists alike!

DATA
Tel: 0897-72-9775
Hours: 8:30 am to 5:15 pm (restrooms, shower stalls, washing machines available 24 hours a day)
Closed: New Years break
Fees: washing machines ¥300, dryers ¥100/10 minutes, showers ¥100/3 minutes, water refills for mooring ¥100/day, power feed ¥300/day

Visit on the "New Uoshima" Ferry
Sets sail 4 times per day

See page 15 for details about ferries

Seafood paradise Uoshima!

Famed for octopus fishing, the port is covered in octopus traps during the off season.

Note: Information correct as of July 2023. Information is subject to change.

A sacred island in the center of the Geiyo Islands

Ōmishima

Ōyamazumi Shrine

Shrine where Ōyama Mitsu-no-Kami, the big brother of the sun goddess, Amaterasu Ōmikami, is worshipped. He has long been worshipped as the god of mountains, the ocean, and warriors. Inside the Museum of Treasures, you will find displays of armor, weapons, and more, including 8 National Treasures and 682 National Designated Important Cultural Properties.

DATA
Tel: 0897-82-0032
Hours: gates close at 5 pm
Open Year-Round **Free admission**

●**Museum of Treasures**
Hours: 8:30 am to 4:30 pm
Closes: at 5 pm
Admission: Adults ¥1000,
University and high school students ¥800,
Middle and elementary school students ¥400

Tokoro Museum Ōmishima

A modern art museum that stands high on a hill overlooking the sea. Home to roughly 30 works of modern art from artists overseas and in Japan, such as Noe Katz, Giacomo Manzù, and Fukai Takashi.

DATA
Tel: 0897-83-0380 **Hours:** 9 am to 5 pm
Closed: Mondays (except when falls on nat'l holiday), 12/27-12/31
Admission: Adults ¥310, Students ¥160,
Senior citizens (65 and older) ¥250
(those younger than high school students are free)

Mare Gracia Ōmishima

A hot springs facility where you can enjoy 8 different kinds of baths, including hot saltwater soaks and an outdoor bath with a perfect view of sunset for a truly luxurious experience.

DATA
Tel: 0897-82-0100 **Hours:** 10 am to 8 pm (admission ends at 7:30 pm)
Closed: Wednesdays, first Tuesday, Wednesday, and Thursday of February
Fees: adults (middle school students or older) ¥520,
kids (3 years or older; elementary school students or younger) ¥260,
senior citizens (65 and older) ¥420

Hakata Salt Ōmishima Plant

Get a firsthand look at how salt is made at the Hakata Salt plant in Ōmishima! You'll also find collaborative products with other manufacturers, souvenir t-shirts and goods, and Hakata Salt products. Be sure to try the salt soft serve ice cream!

DATA
Tel: 0897-82-0660 **Hours:** 9 am to 4 pm
Closed: Wednesdays, 12/28-1/7,
8/13-17 (be sure to check our facilities tour calendar for more)
Admission: Free

(Japanese)

Michi-no-Eki Rest Stop: Tatara Shimanami Park

Many cyclists stop here to snap a photo of the distinctive Cyclist Sanctuary Monument here. You'll also find restaurants, souvenir shops and a market selling local farm produce and seafood.

DATA
Tel: 0897-87-3866 (Restaurant, Marketplace)
Hours: 9 am to 5 pm (Restaurant 11 am to 3 pm, Food Court 10 am to 5 pm) Opening hours may vary on weekdays, weekends, National Holidays and during the winter season.
Open Year-Round

Michi-no-Eki Rest Stop: Shimanami Station Mishima

This Michi-no-Eki is located near the famous Ōyamazumi Shrine and features local specialty products, rental bicycles, and even showers. It's the perfect spot for any traveler or bicycle enthusiast to take a break. Caution: Bicycles from other rental stations cannot be dropped off here.

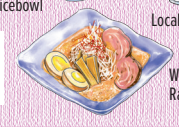
DATA
Tel: 0897-82-0002
Hours: 8:30 am to 5 pm
Open Year-Round

3-star cuisine!

Ōmishima Eats

Seafood Ricebowl

Local Craft Beer



Wild Boar Ramen

Note: Information correct as of July 2023. Information is subject to change.

A small island known for shipbuilding and maritime trade

Hakatajima

Dolphin Farm Shimanami

One of the biggest dolphin facility in Japan where you can swim with dolphins! Equipped with camping and glamping facilities so you can enjoy the outdoors your way.

DATA

Tel: 0897-72-8787 **Hours:** 9 am to 5 pm
Closed: during inclement weather (typhoons, strong winds, etc)
Admission fees: Adults (middle school students and older) ¥500
Kids (4 years and older) ¥400
Dolphin Experience (10 min lecture, 20 min with the dolphins) ¥5500
Dolphin Swim Course
3/15-10/31: 20 min lecture, 40 min swim/¥9900
11/1-3/14: 10 min lecture, 20 min swim/¥6600
Note: ¥550 admission discount on weekdays (excluding Golden Week holidays and August)

(Japanese)

Kita-Ura Hachiman Shrine

The oldest shrine on Hakatajima, it is said that the island was named after the Hakata area in Fukuoka. An important shrine in the community, legend has it that the large stone in the shrine grounds brings long-life and good connections.

DATA

Tel: 0897-73-0634
Admission: Free

Mt. Hiraki-yama Park

Located on the top of Mt. Hiraki-yama, the park is known as a great place to see the cherry blossoms with 1,000 trees blooming in the springtime. From the wooden observation deck, you can see the Hakata/Ōshima Ōhashi Bridge, Ōmishima Ōhashi Bridge, and the Tatara Ōhashi Bridge.

DATA

Resident Service Division, Hakata Branch Office
Tel: 0897-72-1500
Open Year-Round
Admission: Free

DATA

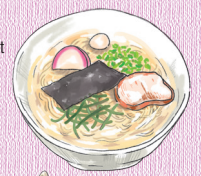
Tel: 0897-72-3300
Hours: 9 am to 5 pm (Restaurant 11 am to 2 pm, Food Court 10 am to 4 pm) Opening hours may vary on weekdays, weekends, National Holidays and during the winter season.
Open Year-Round

Michi-no-Eki Rest Stop: Hakata SC Park

Located at the foot of the Hakata/Oshima Ohashi Bridge, Marine Oasis Hakata offers souvenirs, locally-grown vegetables and citrus fruits, and has an on-site restaurant.

3-star cuisine!

Hakatajima Eats



Hakata Salt Ramen

Hakata Salt Soft Serve

Note: Information correct as of July 2023. Information is subject to change.

The historical headquarters of the Noshima Murakami Pirates

Ōshima

Mt. Kirō-san Scenic Overlook Park

Located on the southern end of Ōshima, it is the best place to get a view of the Shimanami Kaidō. From atop the overlook bridge, designed by famed architect Kuma Kengo, on a clear day you can see the highest mountain in western Japan, Mt. Ishizuchi-san. You'll also get a clear view of the Kurushima Kaikyō Channel below.

DATA Resident Service Division, Yoshiumi Branch Office
Tel: 0897-84-2111
Open Year-Round **Admission:** Free

Shimanami Art Canyon

Ōshima is a well-known site for high-quality granite, and the Shimanami Art Canyon is just one of its historic quarries. Visit and observe a working quarry on the Ōshima Stone Culture Tour.

DATA Noshima-no-Sato NPO
Tel: 080-2989-5179
Open: weekends and nat'l holidays
Admission: Oshima Stone Culture Tour Course A ¥2000 (Elementary School Students ¥1000) Up to 4 participants, Course B ¥1500 (Elementary School Students ¥750) Up to 20 approx participants
Reservations required: 2 tours per day

(Japanese)

Michi-no-Eki Rest Stop: *Yoshiumi Iki-Iki* Market

Freshly-caught fish and locally-grown vegetables await at this great marketplace. Enjoy plump and tender fish from the Kurushima Kaikyō Channel at our on-site barbeque facilities!

DATA **Tel:** 0897-84-3710 **Hours:** 9 am to 5 pm (Restaurant 11 am to 2 pm, Food Court 10 am to 5 pm) Opening hours may vary on weekdays, weekends, National Holidays and during the winter season. **Open** Year-Round

Mt. Karei-yama Scenic Overlook Park

The perfect place to take in the sights from the islands of the Seto Inland Sea, to the former headquarters of the Murakami Pirates (Noshima Castle), and the whirlpool tides. There's also a campsite and walking trail.

DATA Resident Service Division, Miyakubo Branch Office
Tel: 0897-86-2500
Open Year-Round
Admission: Free (some fees apply to the campsite)

Yoshiumi Rose Garden

This rose garden is home to 3,500 roses of approximately 400 varieties from around the world, and is the largest rose garden in the Chugoku region. Enjoy the beautiful roses from mid-May to the end of December, and be sure to stop in during the Rose Festival!

DATA Resident Service Division, Yoshiumi Branch Office
Tel: 0897-84-2111
Open Year-Round
Admission: Free

Murakami Pirate Museum

Learn about the history and legacy of the largest band of pirates during the Warring States period of Japanese history: the Murakami Pirates. Glance out at the former site of Noshima Castle or simply admire the beauty of the Geiyo Islands from the observation deck.

DATA **Tel:** 0897-74-1065
Hours: 9 am to 5 pm (admission ends at 4:30 pm)
Closed: Mondays (excluding nat'l holidays), 12/29-1/3
Admission: Adults ¥310, Students ¥160,
Senior citizens (65 and older) ¥250
Note: those younger than high school students are free.

3-star cuisine!

Ōshima Eats

Seafood Barbeque

Hōraku-yaki

Note: Information correct as of July 2023. Information is subject to change.

A hub of maritime transport overlooking the gorgeous islands of the Seto Inland Sea

Imabari

Kurushima Kaikyō Ōhashi Bridge

The world's first three-tower suspension bridge that allows you to cross the rapid tides of the Kurushima Kaikyō Channel. Every day, 1000 boats make their way across the channel and under this fortress-like bridge.

Kurushima Kaikyō Scenic Overlook Rest Stop and Shop

The best location to take in the Kurushima Kaikyō Channel. Inside, you'll find exhibits about bridge construction and information about the Murakami Pirates. Be sure to pick up some local specialty products at the market!

DATA **Tel:**0898-41-5002
Hours: 9 am to 6 pm
(December - February: 9 am to 5 pm)
Closed: 12/29-12/31 **Admission:** Free

Imabari Castle

Built by famed daimyō Tōdō Takatora in the early Edo period, the waters of the moat at Imabari Castle rise and fall with the tides, a rare sight among Japanese castles. From the top of the castle tower, you can gaze out at the islands in the Seto Inland Sea and at the Ishizuchi Mountains, the highest mountain range in western Japan.

DATA **Tel:** 0898-31-9233
Hours: 9 am to 5 pm **Closed:** 12/29-12/31
Admission: Adults ¥520, Students ¥260
Groups (20 or more): Adults ¥420, Students ¥210
(high school students and younger or those 18 years or younger are free)
Senior citizens (65 years and older): ¥420

Towel Museum

This museum is dedicated to the unique towel culture of Imabari and offers visitors the chance to tour and learn about their manufacturing process, as well as many informational exhibits. Take a break in their restaurant or café, or take a stroll in their spacious European-style garden.

DATA **Tel:** 0898-56-1515
Hours: 9:30 am to 6 pm
Closed: Irregular
Admission: Adults ¥800, Middle and high school students ¥600,
Senior citizens (65 and older) ¥500 (group discounts available)

Habari Minato Exchange Center

A distinctive modern building with ferry waiting area, cafe restaurant, event hall and fantastic views. Market held on 2nd & 4th Sunday of each month.

DATA Imabari Harbor and Fishing Port Department
Tel: 0898-36-1545
Operating hours and days off vary depending on service.

Michi-no-Eki Rest Stop: Imabari Yu-no-Ura Hot Springs

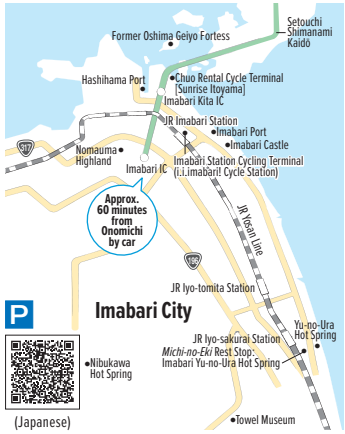
This Michi-no-Eki Rest Stop is located in front of the first Ministry of the Environment Designated Hot Spring Health Resort in the Chugoku region, Imabari Yu-no-Ura Hot Springs. Enjoy a meal prepared with local ingredients at the restaurant or browse for souvenirs.

DATA **Tel:** 0898-47-0990
Hours: 9 am to 6 pm (7/1-8/31: 8:30 am to 6:30 pm)
Open Year-Round

Former Oshima Geiyo Fortress

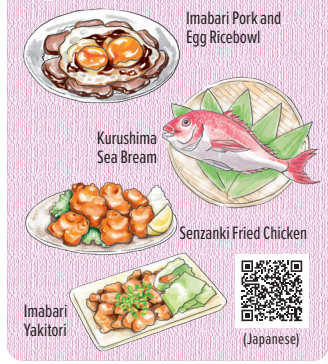
Within the Geiyo Islands, there was once a fortress built to protect against invasion by the Russian Navy during the Meiji period. The former Oshima Geiyo Fortress is a historical site where you can find gun batteries, red brick barracks, ammunition storage buildings, and more. Take a stroll along the walking path on the island, easily reachable by boat from Hashihama Port.

DATA Imabari Station Tourist Information Center **Tel:** 0898-36-1118



3-star cuisine!

Imabari Eats



Note: Information correct as of July 2023. Information is subject to change.

Imabari/Kamijima/Onomichi Area Map

Tourism Information for the Setouchi Shimanami Kaidō

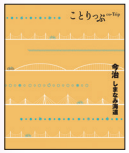
Shimanami Japan
Tel: 0898-35-3194

Toll Information About the Nishi-Seto Expressway

Honshū-Shikoku Bridge Expressway Co., Ltd.
(Toll information and directions for E76 Nishi-Seto Expressway)

Imabari City Tourism Information

Imabari District Sightseeing Association
Tel: 0898-22-0909



co-Trip
◀ Download here

Kamijima Tourism Information

Kamijima Tourism Association
Tel: 0897-72-9277

Setouchi Kamijima Trip
◀ Download here

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Hiroshima Prefecture

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JR Iyo-sakurai Station
Yu-no-Ura Hot Spring
JR Kikuma Station
Towel Museum
Michi-no-Eki Rest Stop: Imabari Yu-no-Ura Hot Spring
Nibukawa Hot Springs

What is the Setouchi Shimanami Kaidō?

The Setouchi Shimanami Kaidō Cycling Road is the 70 kilometer stretch of road and highway for cyclists and pedestrians that connects Onomichi to Imabari and crosses six bridges (excluding Onomichi Ōhashi Bridge and Shin-Onomichi Ōhashi Bridge). The Nishi-Seto Expressway (Highway) is also called the Setouchi Shimanami Kaidō.

5km

Imabari

Feel the ocean breeze
and roll with the ocean tides
in Shimanami

"The sparkling blue skies overhead,
the tranquil azure of the seas,
the deep green islands that appear to float on the horizon.
The distinctive colors of Shimanami
paint the region into an artist's vision.
Follow the gentle breeze
and find your favorite landscape."

Published by Shimanami Japan

Shimin Kaikan,
1-4-1 Bekku-cho, Imabari, Ehime
794-0026 Japan
TEL: 0898-35-3194

Setouchi Shimanami Kaidō
Guidebook

今治
Imabari City

Pocket-sized!

SHIMANAMI Guidebook

SHIMANAMI SPOT!

上島
Kamijima Town

尾道
Onomichi City

NATIONAL CYCLE ROUTE

CYCLING SHIMANAMI
Ehime Hiroshima Japan

JAPAN HERITAGE
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